

Sponsored by  
Thursday Night Young People Speaker Meeting AFG  
1 year Anniversary Celebration

Saturday  
Sept 17th, 2022

Times in PDT  
9:15am - 11:45am

Room opens at 9:00am for music  
on Zoom

Meeting ID 857 4398 5964

PW: 162766

7th Tradition will be collected  
at the event benefiting the  
Thursday Night Young People  
Speaker Meeting Prudent  
Reserve. Those who identify as  
Al-Anon members may only  
contribute. AA members &  
Newcomers are Welcome.  
Newcomers to Al-Anon are not  
expected to contribute.

# The "g" Thing

Spiritual Abuse/Spiritual Growth  
and the Alcoholic Home  
W/AA Participation

## 9:30am - 10:00am Speakers

9:30am - Victoria L. - AA - PORTYPAA (Portland Young People  
in AA) Topic: Spiritual Malady

9:45am - Melisa F. - Al-Anon - Topic: Paths To Recovery on  
Spiritual Growth pgs 4,21,74,75,127,190,198,274 and how it  
relates to spiritual abuse in the alcoholic home

## 10:00 - 11:40am Spiritual Activity & Fellowship

10:00am - Denise R. - Al-Anon - Topic: Step 3 Worry & Let Go

10:10am - Personal Affirmation/Worry Envelope Making

11:10am - Share Your Worries, your Envelopes & What you  
will let go of

11:40am - Closing & Al-Anon Declaration

What To Bring For The Activity: Any size plain Envelope. Any  
Al-Anon/Alateen book of your choice to use the Index for  
ideas. Stickers, pens, colored pencils, paper, stencils,  
crayons, scissors, tape, glue stick, ect.



email: [pdx.thursdaynightyp@gmail.com](mailto:pdx.thursdaynightyp@gmail.com)

**The "g" Thing**  
**Saturday**  
**Sept 17th, 2022**  
**Times in PST**  
**9:00am - 11:45am**

**Dial by your location**

**+1 253 215 8782 US (Tacoma)**  
**+1 346 248 7799 US (Houston)**  
**+1 408 638 0968 US (San Jose)**  
**+1 669 900 6833 US (San Jose)**  
**+1 312 626 6799 US (Chicago)**  
**+1 646 876 9923 US (New York)**  
**+1 301 715 8592 US (Washington DC)**

**Meeting ID: 857 4398 5964**

**Passcode: 162766**

**Find your local number:**

**<https://us06web.zoom.us/j/kdHLY8T3qR>**

**email: [pdx.thursdaynightyp@gmail.com](mailto:pdx.thursdaynightyp@gmail.com)**